



Books and [Suggested Reading](#)

- **[Articles](#)**: related to Relationships, Healing, Mental Health and Community
- **Assertiveness**: [The Power of a Positive No](#), [You are a Badass](#), [You are a Badass at Making Money](#)
- **Children's Healthy Thinking**: [Captain Snout and the Super Power Questions](#)
- **Church Leadership, Mentoring and Discipleship**: [Lead](#), [The Cry for Spiritual Mothers and Fathers](#)
- **Men's Issues and Development**: [No More Mr. Nice Guy](#)
 - **Midlife and Second Half of Life**: [From Strength to Strength](#)
- **Organizational Development**: [Fish](#)
- **Perfectionism and Shame**: [Hurt People Hurt People](#), [Daring Greatly](#), [Grit](#), [The Mindset](#)
- **Personal Growth and Inspiration**: [Do One Thing Every Day That Scares You](#), [Man's Search For Meaning](#), [No Bad Parts](#), [Scary Close](#), [Stop Fixing Yourself](#), [The Four Agreements](#)
- **Podcast**: [Michael Singer Podcast](#)
- **Self-Care/Rest**: [The Ruthless Elimination of Hurry](#)

* Books are varied by authors from various backgrounds and beliefs.
Opinions are their own.



*Continue to a list of [Community Resources](#)